

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



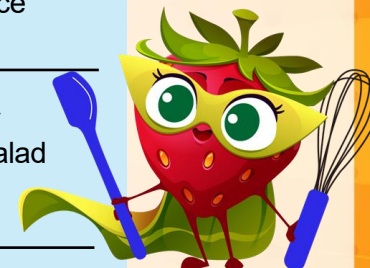
MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Southwold

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Pizza Monday



Tuck In Tuesday

Roasty Toasty Feast Wednesday

Around the World Thursday

Fish Friday

Main

Meat Feast Pizza or Cheese and Tomato Pizza

Served with Garlic Bread & Coleslaw

Hot Dog or Veggie Hot Dog

Served with Potato Wedges

Roast Turkey with Gravy or Quorn Roast with Gravy

Served with Cloudy Mash Mountains & Yorkshire Pudding

Beef Spaghetti Bolognese or Magic Macaroni Cheese

Served with Baguette Slice

Fish Fingers or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

Seasonal Veg/Salad

Crunchy Carrot & Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh salad

Crunchy Carrots/ Broccoli Trees



Crunchy Carrots or Crispy Fresh Salad

Something Different

Jacket Potato with choice of filling (Cheese /Tuna)

Veggie Meatball Pasta served with Baguette Slice

Cheese & Tomato Panini served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese/Tuna)

Cheese Sandwich served with Crispy Fresh Salad

Dessert

Jelly& Fruit or Fresh Fruit Salad

Jam Drop Biscuit with Milk Or Fresh Fruit Salad

Apple Muffin or Fresh Fruit Salad

Chocolate Crispy Cakes Or Fresh Fruit Salad

Marble Cake & Custard Or Fresh Fruit Salad



LUNCHTIME

Southwold

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Main

Pizza Monday

BBQ Chicken Pizza
or Cheese & Tomato Pizza

Served with Garlic Bread & Coleslaw

Seasonal Veg/Salad

Carrot & Cucumber Batons or Crispy Fresh Salad

Something Different

Jacket Potato with choice of filling
(Cheese/Tuna)

Dessert

Oaty Cookies or Fresh Fruit Salad



Tuck In Tuesday

Beef Burger
or Veggie Burger

Served with Diced Potatoes

Baked Beans or Crispy Fresh Salad

Mascarpone Pasta
Served with Baguette Sliced & Crispy Fresh Salad

Cornflake Tart & Custard or Fresh Fruit Salad



Roasty Toasty Feast Wednesday

Roast Pork with Gravy
or Quorn Roast with Gravy

Served with Cloudy Mash Mountains
Yorkshire Pudding

Crunchy Carrots / Broccoli Trees

Cheese & Tomato Panini Served with Crispy Fresh Salad

Chocolate Shortbread or Fresh Fruit Salad

Around the World Thursday

Chicken Curry
Served with Flatbread & Rice

Veggie Mexican Fiesta Wraps Served with Rice

Sunshine Sweetcorn or Crispy Fresh Salad

Jacket Potato with choice of filling
(Cheese/Tuna)

Iced Mandarin Sponge & Milk or Fresh Fruit Salad



Fish Friday

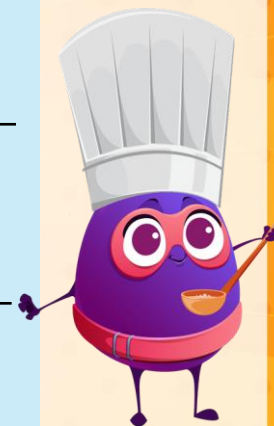
Salmon Fish Fingers
or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

Power Peas or Crispy Fresh Salad

Cheese Sandwich served with Crispy Fresh Salad

Iced Carrot & Pineapple Muffin with Milk or Fresh Fruit Salad



LUNCHTIME

Southwold

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Pizza Monday

Main

Ham Pizza or Cheese & Tomato Pizza

Served with Garlic Bread & Coleslaw

Seasonal Veg/Salad

Carrot & Cucumber Batons or Crispy Fresh Salad

Something Different

Tomato & Basil Pasta Served Baguette Slice

Dessert

Flapjack & Raisins or Fresh Fruit Salad

Tuck In Tuesday

Homemade Pork Sausage Roll or Cheese Snack

Served with Potato Wedges

Baked Beans or Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese/Tuna/ Beans)

Ice Cream & Fruit or Fresh Fruit Salad

Roasty Toasty Feast Wednesday

Roast Chicken with Gravy or Veggie Sausage with Gravy

Served with Cloudy Mash Mountains Yorkshire Pudding

Crunchy Carrots / Broccoli Trees

Cheese & Tomato Panini Served With Crispy Fresh Salad

Chocolate & Orange Cookie or Fresh Fruit Salad

Around the World Thursday

BBQ Chicken or BBQ Quorn

Served with Flatbread & Rice

Sunshine Sweetcorn or Crispy Fresh Salad

Pizza Pasta Served with Baguette & Crispy Fresh Salad

Bakewell Muffin & Milk or Fresh Fruit Salad

Fish Friday

Breaded Fish Portion or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

Power Peas or Fresh Salad

Cheese Sandwich Served with Crispy Fresh Salad

Chocolate Fudge Pudding & Custard or Fresh Fruit Salad

