

Physical Education Knowledge Organiser

Strand: Hockey

UKS2

Southwold Primary School



What should I already know?

- * To successfully dribble the ball with control moving in various directions with their hockey stick.
- * To strike the ball using correct techniques.
- * To successfully stop and pass the ball within small groups.
- * To understand how to intercept and tackle.
- * To evade passes being intercepted and create space.
- * To be able to compete in a small sided game.

Famous Sports People



Sohail Abbas
Field Hockey player
from Pakistan.

Vocabulary

Striking	A skill in which you hit the ball with control.
Hockey stick	The equipment used to hit and move the ball.
Passing	When a teammate passes to you, you receive the ball.
Dribbling/ Indian dribble	Open stick: Left hand at top, right at bottom of grip/ knees bent/ back straight/ elbow up/ ball at 1/2 o'clock on right hand side. Indian: Left hand at top, right hand at bottom of grip/ knees bent/ back straight/ stick rolls over ball pulling it right on reverse/ open stick dribble again slightly to the left before pulling right again.
Defending	To stop the attacking team from scoring.
Attacking	Working as a team to score.
Tactics	Working together to successfully defend or attack.
Scoring	Getting the ball into the goal.
Block tackle	Knees bent/back straight/stick flat on the floor/left fist on the ground/stick slightly tilted forward.
Direction	Where you are trying to hit the ball.
Control	To control the ball as it travels. Keeping the ball as close to the stick as possible.

What will I know by the end of this unit?

- * To dribble the ball with control and keep possession when opposed.
- * To be able to strike a ball with accuracy when opposed and unopposed.
- * To successfully use a variety of passes with speed.
- * To understand how to intercept and tackle, ensuring the space is closed down.
- * To select and apply a range of attacking tactics.
- * To successfully work as a team, demonstrating passing, control, dribbling, shooting and tackling.

Actions

Different hockey techniques



Different dribbling positions towards a strike of the ball

