



VALUING DIFFERENCE

Y1 PSHE



Overview and Recap

Valuing Difference

We are learning about and celebrating our similarities and differences. We are understanding how to treat other people with fairness and respect.

You should already know that: We have special people in our lives who help and support us. There are ways that other people are similar and different to ourselves.



We should always try to be kind to other people. It is nice to build strong relationships with other people, as we can help one another.

- We should celebrate that we are all unique and special. When thinking about similarities and differences we can consider appearance, personality, interests and talents.
- Our behaviour affects other people. We should try to follow rules and be fair to others.

Relationships with Others

Relationships are our connections with other people (or animals).

Special People

-Special people are the people who are important in our lives.



-Special people may help us or take care of us. We don't always get along with the special people in our lives, but this does not mean that we don't care about each other!

-Special people in our lives may include our parents/ carers, our grandparents, our siblings (brothers/ sisters), our teachers or perhaps our best friends.

Unkindness, Teasing and Bullying

-Unkind: When someone says something that is not nice, but they do this only once.

-Tease: When someone makes fun of or jokes about someone but only once.

-Bully: When someone is repeatedly unkind or hurtful to another person.

it is never acceptable to bully someone or behave in a hurtful way.

We should always have respect for other people.



Similarities and Differences

Similarities



- There are lots of things that make us similar to other people.
- We are all human and we all live on planet Earth together. We all have intelligent minds that can think and make choices. We should do all that we can to be kind to one another.

Differences



- There are also lots of things that make us different to other people.
- We are all unique and special, and this is a good thing that should be celebrated! We may be different but we are all equal.

How are we similar and different?



- Our similarities and differences can be broken down into different groups:
- Appearance = the way that we look (e.g. our hair and eye colour, facial features etc.)
- Personality = the features of our character (e.g. our sense of humour, kindness, etc.)
- Interests = the things that we like and don't like (e.g. our favourite foods, hobbies etc.)
- Skills/Talents = the things that we are good at (e.g. sports, school subjects, music, etc.)
- You should be able to notice how you are similar and different to your friends/family.

Our Behaviours

Rules

- We have rules in place to keep places and things happy and safe for everybody.
- You should be able to think about rules in school or at home and understand why they are there.
- For example:
- Always walk in corridors: this prevents us from running and crashing into one another.
- Be kind to one another: this helps everyone to feel happy and safe.



Fairness



- Being fair is when everyone is treated the same; everyone is treated equally.
- One of the reasons we have rules is to help make things fair for everybody.
- It is important that we try to treat other people with fairness. Even though everybody is different, we should treat everyone with respect and kindness.

Key Vocabulary

Similar

Different

Equal

Talent

Skill

Respect

Celebrate

Together