

RE Knowledge Organiser

Southwold Primary School



Topic: Is it possible for everyone to be happy?

Year 4 Autumn 1

Buddhism

What should I already know?

- This is the first lesson of Buddhism.
- Concentrating on the life of the Buddha is essential as a foundation for all future learning.

Impact on believer / daily life

- Understanding the key teachings of the Buddha, help Buddhists approach life via the middle way.
- Attachments to things leads to suffering so Buddhist try not to be materialistic.
- Buddhist teachings focus on living the right way, harming no living thing or being.

Vocabulary

Siddhattha Gautama	A prince who would become a Buddha.
Buddha	An enlightened one.
Enlightenment	Understanding the true nature of existence.
Eight fold path	The Buddha's practical instructions.
Luxury	State of great comfort.
State of mind	A persons thoughts/feelings.

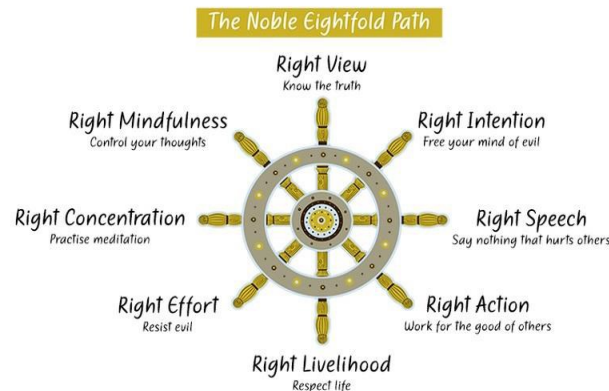
What will I know by the end of this unit?

- The story of the Buddha follows a rich but unfilled prince through a journey of self-discovery, leading to teachings that explain the meaning of life and our part in the world.

Key story's and teaching include:

- The story of the Buddha (provided) leading to his teachings which include:
 - ◇ The three mask of existence/ universal truths.
 - ◇ The four noble truths
 - ◇ The noble eightfold path
 - ◇ The five precepts

The Noble Eightfold Path



Links with other religions

- **Islam**: Many Muslims believe that suffering can be caused by the selfishness and evil of human beings which leads to bad decisions. They can overcome suffering in their own lives and help to ease the suffering of others by following Allah's (God's) path
- **Hinduism**: Hindus believe in karma. Most Hindus believe that their suffering is a result of their own actions.