



PE Yearly Overview

Cycle A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Gross motor – agility, balance, coordination	Further development of gross motor (gymnastics skills)	Coordination and agility skills	Spatial awareness (Tennis)	Coordination and games	Athletics
KS1	Gymnastics	Dance	Games – Throwing, catching, fielding	Games - Basketball	Games - Badminton	Athletics
LKS2	Gymnastics	Dance	Games – Cricket (Striking and fielding)	Games – Basketball (Invasion game)	Games – Badminton (Net game)	Athletics and Orienteering
UKS2	Gymnastics	Dance	Games – Cricket (Striking and fielding)	Games – Basketball (Invasion game)	Games – Badminton (Net game)	Athletics and Orienteering

Cycle B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Gross motor – agility, balance, coordination	Further development of gross motor (gymnastics skills)	Coordination and agility skills	Spatial awareness (Hockey)	Coordination and games	Athletics
KS1	Gymnastics	Dance	Games – Throwing, catching, fielding	Games - Hockey	Games - Tennis	Athletics
LKS2	Gymnastics	Dance	Games – Rounders (Striking and fielding)	Games – Hockey (Invasion game)	Games – Tennis (Net game)	Athletics and Orienteering
UKS2	Gymnastics	Dance	Games – Rounders (Striking and fielding)	Games – Hockey (Invasion game)	Games – Tennis (Net game)	Athletics and Orienteering